



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
07:45 – 08:25	Breakfast											
08:30 – 10:00	Class					Fullday excursion to Cologne (packed lunch): Visit of the „Kölner Dom“ ascending the tower Museum „Sports and Olympia“ City rally free time (~ 1 hour)						
10:00 – 10:30	Break						Breakfast					
10:30 – 12:00	Class						Cleaning the rooms					
12:00 – 12:15	Break						Dexterity games or handicrafts: painting on t-shirts					
12:15 – 13:00	Class						Lunch					
13:00 – 14:00	Lunch											
14:15 – 15:00	Weekly test	Class	Halfday excursion: Visit of the Medienhafen	Class	Sports and relaxation on the banks of Rhine	City rally free time (~ 1 hour)	Bicycle tour or walk to the Rhinepark					
15:00 – 15:45	City walk** or badminton			Boat tour on the Rhine				City walk** or volleyball	Dinner	Dinner		
16:00 – 17:00		Homework					Dinner				Homework	Dinner
17:00 – 18:00												
18:00 – 19:00	Dinner		Dinner		Dinner		Dinner					
19:00 – 20:00	Homework		Dinner		Dinner		Homework					
20:00 – 21:00	Basketball or board games	swimming*** or playing Jenga	Homework		Billiard or handicrafts: creating bracelets	School party: mix your own non-alcoholic cocktail	Barbecue & campfire or frisbee	Quiz night or ping-pong				
22:00			Slacklining or karaoke					Night rest		Night rest		
23:00	Night rest						Night rest					
00:00	Night rest						Night rest					

* Please note that free-time activities vary from week to week, i.e. they do not follow standardized leisure programs. Activities depend on the student's interests and the weather conditions. There is always at least one culture and one sportive activity on offer.

** Entrance fee is not included in the course fee *** off campus