



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
07:45 – 08:15	Breakfast							
08:30 – 10:00	Class					Full day excursion to Heidelberg (packed lunch): Visiting of Castle incl. Bergbahn City rally Free time (~ 1 hour)		
10:00 – 10:30	Break – Snack						Breakfast	
10:30 – 12:00	Class						Cleaning the rooms	
12:00 – 12:15	Break						Dexterity games or badminton	
12:15 – 13:00	Weekly test	Class					Lunch	
13:00 – 14:00	Lunch						Lunch	
14:00 – 15:00	City rally with different tasks or soccer	Guided city walk and games in the city park or basketball	Half day excursion: Hike to Hardenburg Castle incl. guided tour and games in the castle court	Outdoor swimming pool or volleyball	Humboldt Olympics or painting on T-Shirts		Mountain bike tour through the vineyards	
15:00 – 16:00								
16:00 – 17:00								
17:00 – 18:00								
18:00 – 19:00	Dinner			Dinner		Dinner		
19:00 – 20:00	Homework		Dinner	Homework		Dinner	Homework	
20:00 – 21:00	Table tennis or Origami	Board games or beauty evening	Homework	Movie night	School disco	Barbecue & campfire with singing songs and dancing	Quiz night or creating bracelets	
22:00	Night rest						Night rest	
23:00	Night rest							
00:00	Night rest							

* Please note that free-time activities vary from week to week, i.e. they do not follow standardized leisure programs. Activities depend on the student's interests and the weather conditions. Most of the free-time activities like basketball, volleyball, badminton, soccer, table tennis, darts, handicrafts and workshops, etc. are pursued on the school's premises.