

Sample weekly schedule in Constance for adults*

	 Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
07:45 - 08:15			Breakfast				
08:30 - 10:00	Weekly test / lessons		Lessons			Breakfast	
10:00 – 10:30			Break				Brunch
10:30 – 12:00			Lessons				Diulicii
12:00 – 12:15	Break					Excursion Hike around Lake Seealpsee in the	
12:15 – 13:00	Lessons						
13:00 – 14:00	Lunch						
14:00 – 14:45	Lessons	Lessons	Excursion World Heritage Site Monastic Island of Reichenau	Lessons	Bike tour on the shores of Lake Constance	Alpstein range (Switzerland)	Creative afternoon: Watercolor painting
14:45 – 15:30	Spotlight Constance: Constance Minster and historic old town			Lessons			
15:30 – 18:00		"Kaffeeklatsch":		Stand-up paddling at "Hörnle"			
18:00 – 19:00			Dinner				
19:00 – 22:00	Game night in the common room	Theater visit at the K9 cultural center	Table football and darts in the party cellar	"Stammtisch": Social evening at Einstein Bar	"Gassenfreitag" with live music at the city center	Campfire and barbecue by the lake	Meet & Talk: Communicative games in the common room

^{*} Leisure activities vary each week, i.e. there is no standardized leisure program. Activities depend on the interests of our students as well as the weather conditions. Entrance fees are not included in the course fees.